

Exhibit A to the Client Services Agreement

Client Initials: _____

CHP Initials: _____

Client Name: City of Smyrna

Initial Service Term:

From: January 1, 2015
To: December 31, 2015

Pricing & Payment Terms:

Total Annualized Agreement Price:	<u>\$125,000.00</u>
Initial Payment Due at Signing: (Prior to screenings beginning 10/8/14)	<u>\$ 31,250.00</u>
Contract Balance:	\$ 93,750.00
Pre-payment Discount 7%	\$ - 6,562.50
Incentive Budget 3%	<u>\$ - 2,812.50</u>
	\$ 84,375.00
Installment #1 Due 1/1/2015	<u>\$ 42,187.50</u>
Installment #2 Due 7/1/2015	<u>\$ 42,187.50</u>

Services Included:

- ✓ **Participant Web Portal** – used for collection and storage of individual data, completion of the Wellness Assessment/HRA, scheduling of health screening, appointment reminders, reporting of Aggregate information
- ✓ **Review & Planning Session** – Key employees of CHP meet with Client to familiarize themselves with the culture of the company (language, educational, computer barriers of employees), determine best locations, dates, and times for screenings and results coaching, discuss communication of the program to employees (kick-off meetings scheduled?), schedule additional meetings with department heads if necessary, discuss time-line and other aspects of the program (healthy breaks, wellness committee, etc.)
- ✓ **Online Wellness Assessment/HRA** - A census of client employees are imported into our HealthyTrax website and assigned a unique member id to complete and access the results of their Wellness Assessment/HRA
- ✓ **Biometric Screening** – CHP Health Coaches, Phlebotomy Technician, and Administrative staff are present to collect body measurements (height, weight, waist circumference, % body fat, and blood pressure) and blood draw (Total Cholesterol, HDL, LDL, Triglycerides, and fasting glucose or A1C). Body measurement data are entered directly into the HealthyTrax web portal for immediate access by participants. Lab results are entered within five business days for completion of the individual report. Admin staff will confirm that all paperwork and the Wellness Assessment/HRA has been completed (computers or hard copies are available for those who have not), and schedule their follow up appointment with the coach to review their results. There shall be one Health Screening per 50 Employees.
- ✓ **Individual Risk Assessment Report** – A comprehensive report of the participants overall health will be available for review on the HealthyTrax web portal within five business days of the screening.
- ✓ **Monthly Progress Report** – provided by the CHP Program Manager, this report provides the client with updates on key initiatives, calendar of events, coaching metrics, etc.

- ✓ **Aggregate Management Report** – After completion of the screening process, a comprehensive Health Management Aggregate Report and an Executive Summary will be presented to the client. This report will contain valuable information of the number of employees who are in a chronic disease state or at risk for future chronic disease.
- ✓ **Cohort Report** – Beginning with the second program year (following the second screening) and every year thereafter, CHP will prepare and present a comprehensive Cohort Report that will provide a comparison of risk levels and risk factors for those employees that participated in each of the screenings for each of the program years.
- ✓ **30 minute one-on-one Results Coaching Session with CHP Health Coach** – Participants will be scheduled post-screening for a session with a CHP Health Coach to review in detail and answer any questions they may have regarding their health risk report.
- ✓ **Ongoing 15-minute one-on-one coaching sessions with CHP Health Coach** - The frequency of coaching sessions is based on the risk level of each participant. While we can modify frequency to the needs of the Client, we recommend the following:

High Risk:	Bi-Weekly
Moderate Risk:	Quarterly
Low Risk:	Quarterly
- ✓ **Culture Building** – The CHP Program Manager will provide consultation, activities, and a road map for building a supportive culture in the workplace for the wellness program. This will include aspects such as creating a wellness team, conducting challenges (gamification) and education sessions (Healthy Breaks), establishing a communication plan, consultation on incentive plans and recognition, and other culture-building activities.