Corporate Health Partners

Cultivating a Healthier Workforce

Exhibit A to the Client Services Agreement

First Extended Service Term per Section 4 of Client Services Agreement

Client Initials: _____

Date: _____

CHP Initials: _____

Date: _____

Client Name: City of Smyrna

Service Term:

From: January 1, 2016

To: December 31, 2016

Participant/Locations Count:

Location: Smyrna, GA Eligible Employees: 554

Total Eligible Employees: 554

Pricing & Payment Terms:

Total Annualized Agreement Price:	$125,000.00
Initial Payment Due at Signing: (No Later Than 9/30/15)	$ 31,250.00
Contract Balance:	$ 93,750.00
Pre-payment Discount 7%*	$ - 6,562.50
Contract Balance After Discount	$ 87,187.50
Installment #1 Due 1/1/2016	$ 43,593.75
Installment #2 Due 7/1/2016	$ 43,593.75

**3% of Pre-Payment Discount Held Back for Incentives to be Managed by CHP: $2,812.50*

Services Included:

- ✓ **Participant Web Portal** – Used for collection and storage of individual participant data, completion of the Wellness Assessment/HRA, scheduling of health screening, appointment reminders, reporting of aggregate information, etc.
- ✓ **Review & Planning Session** –CHP Team meets with Client to familiarize themselves with company culture, determine best locations, dates, and times for screenings and results coaching, discuss communication of the program to employees (kick-off meetings), schedule additional meetings with department heads if necessary, discuss time-line and other aspects of the program (healthy breaks, wellness committee, etc.)
- ✓ **Online Wellness Assessment/HRA** - A census of client employees are imported into our web portal and assigned a unique Member ID to complete and access their Wellness Assessment/HRA
- ✓ **Biometric Screening** – CHP Screening Team collects body measurements (height, weight, waist circumference, % body fat, and blood pressure) and blood draw (Total Cholesterol, HDL, LDL, Triglycerides, and fasting glucose or A1C). CHP staff will confirm that all paperwork and the Wellness Assessment/HRA have been completed and schedule their follow up appointment with the CHP Health Coach to review their results. There is generally no more than one onsite health screening event per 50 employees.
- ✓ **Individual Risk Assessment Report** – A comprehensive report of the participants overall health will be available for review on the web portal within five business days of the screening.
- ✓ **Monthly Progress Report** – provided by the CHP Program Manager, this report provides the client with updates on key initiatives, calendar of events, coaching metrics, etc.
- ✓ **Aggregate Management Report** – After completion of the screening process, a comprehensive Health Management Aggregate Report and an Executive Summary will be presented to the client. This report will contain valuable information including the number of employees who are in a chronic disease state or at risk for future chronic disease.
- ✓ **Cohort Report** – Beginning with the second program year (following the second screening) and every year thereafter, CHP will prepare and present a comprehensive Cohort Report that will provide a comparison of risk levels and risk factors for those employees that participated in each of the screenings for each of the program years.
- ✓ **30 minute one-on-one Results Coaching Session with CHP Health Coach** – Participants will be scheduled post-screening for a session with a CHP Health Coach to review in detail and answer any questions they may have regarding their health risk report. Participants will also work out health goals with action plans and discuss how to overcome obstacles.
- ✓ **Ongoing 15-minute one-on-one coaching sessions with CHP Health Coach to review progress, address problems, and revise plans** - The frequency of coaching sessions is based on the risk level of each participant. While we can modify frequency to the needs of the Client, we recommend the following:

High Risk:	Monthly
Moderate Risk:	Bi-Monthly
Low Risk:	Annually

- ✓ **Culture Building** – The CHP Program Manager will provide consultation, activities, and a road map for building a supportive culture in the workplace for the wellness program. This will include aspects such as creating a wellness team, conducting challenges (gamification) and education sessions (Healthy Breaks), establishing a communication plan, consultation on incentive plans and recognition, and other culture-building activities.
- ✓ **Weekly Meal Plan –** A simple, nutritious weekly dinner meal plan suitable for the whole family and developed by a registered dietician to make healthy eating easy. Includes links to 5 healthy recipes with suggested side items and a grocery list.
- ✓ **Health Newsletter –** Monthly Electronic Newsletter with hand-picked articles and features designed to help individuals live a healthy and active life.